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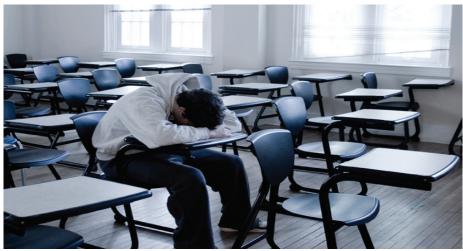
## THE SPIRIT

**VOLUME 77** 

January/2015

**Warrensburg** 

### TEENAGE SUICIDE



**BY/NisaAdams** 

Suicide. It's the word everyone avoids. For some reason it seems like most people today avoid addressing suicide, or even saying the word. Despite this, the percentage of suicide among teens is steadily rising. Suicide is the second leading cause of death in people 12-18. More teens die from suicide than cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease combined. But unlike some causes of death, which are sudden and unsuspected, four out of five of these teenagers will show warning signs before attempting suicide. Suicide can be brought on by so many factors. Life-situations, severe depression, extreme amounts of stress, bullying, or an individual not feeling accepted for who they are by their friends and family are all causes for a person to commit suicide Most of these are not uncommon events, but the feelings they bring with them are absolutely crushing.

Despite this, many people consider suicide as cowardly, weak, or selfish. Whenever someone who is thinking of suicide believes that they are considered selfish they won't want to ask others to assist them with their ongoing struggle. Additionally, once a person has spiraled so low into depression, suicide can become an all-consuming thought. They may not even think of bringing it to another person. If a person is determined to go through with suicide, they may not want to be stopped. Suicide is an extremely tragic thing. If someone attempts to commit suicide or if they actually do, they are not cowardly, weak, or selfish. They were a person struggling silently with no help. The cause of their deaths should be uncovered, and something should take place to prevent it from happening again. There are resources such as the National Suicide Hotline (1(800) 273-8255) and even websites where people can chat online. Sadly, these resources aren't widely known since the subject is tiptoed around. We as a community need to be more vigilant and watchful for the many signs of suicide. Rarely, if ever, people will forwardly say that they are considering suicide. If you see any warning signs of suicide in your friends or peers, you need to confront them about it. If they deny that they are considering suicide, then you still must tell an adult that both of you trust. You never know when it will be too late, so be watchful and proactive. Even if you feel hopelessly alone, you are not. We need to let people know that, and we can do so by familiarizing ourselves with and fully understanding one simple word. Suicide.

#### **SUICIDE SIGNS**

Suicide has many warning signs. If you see any of your friends display these signs, tell an adult that you both trust and directly talk about your concerns with your friend. Make sure your friend is treated professionally, because depression and suicide are extremely serious.

- Talking about wanting to die or to kill yourself (even jokingly).
- Looking for a way to kill oneself, like searching for ideas online.
- Talking about feeling hopeless or having no reason to live.
- Talking about feeling trapped or in unbearable pain.
- Talking about being a burden to
- Increasing usage of alcohol or drugs.
  - · Behaving recklessly.
- Sleeping too little or too much.
- Acting withdrawn or feeling isolated.
- Displaying extreme mood swings.
  - Preoccupation with death.
- Loss of interest in things once important.
- Visiting or calling people to say goodbye.



#### EARN MORE WITH A DEGREE

Average Annual Income

**Professional Degree** 

\$100,000+

Master's Degree

\$60,000+

Bachelor's Degree

\$50,000+

Some College

\$35,000+

**High School Diploma** 

\$30,000+

# IS COLLEGE STILL IMPORTANT 2

C-O-L-L-E-G-E, seven letters that when put together mean decision making, future, success, and money. College is not something that should be taken as a joke; it holds your future in its hands. There is no question about it, college is important and I know for a fact that I personally will be attending. There will always be that one student who questions why he or she should attend college once they graduate high school. Maybe, the thought of getting an income right away sounds nice while to others the thought of having to pay high tuition drives them away. The truth is, you need a college degree to get a decent job. Let's say you make 30,000 a year. Now that may sound like a lot to some, but you can't forget about all the living expenses you have to take out of that. By the time you pay for all your expenses you have just enough to get by. By going to college you have the opportunity to earn a higher degree which will allow you to make more cash. "Most jobs require more than a high school degree" says Max Burson a student at the University of Pitt State. Studies show that the unemployment rate for a high school graduate is 12.2 percent, but for

someone with a Bachelor degree or higher it is 3.8 percent. The higher the degree the more money you are able to make. Your education is something that can lead you to fortune or to poverty. Right

now 21.8 percent of 25-32 year olds with a high school diploma are living in poverty according to pew polls research. No one wants to have to pay 30,000 dollars plus a year just to go to college or be in debt, but today having a college degree is an essential part to life. Yes, there are few who do become successful without a college degree, but in reality not everyone can become the next big pop star or become the next millionaire. Life just doesn't work that way. "You have to have initiative, "no one is going to hold your hand" says Alex Burson a Warrensburg graduate. You have to work for what you want, just like everyone else. The world we live in is constantly expanding. Technology and education will continue to advance and people are going to have to keep up. By having a college degree over just a high school diploma you can go so much further. College is a place where you can take your studies to the next level, become what you have always wanted to become, and experience a new life or "the real world." "College teaches you who you are and who everybody else is" says Cheyenne Dye a student at the University of Central Missouri. Even though you can experience life without a college degree why not just get one; it can help you out immensely and it sure will be rewarding later on. Quit contemplating

BY/KaylaWoolen& RhiannaGrisdale

#### STUDENT LOAN DEBT

\$1,011,654,459,649

TOTAL STUDENT LOAN DEBT IN

37 MILLION

**AMERICANS HAVE STUDENT** 

27 percent

STUDENT LOAN DELINQUENCY



Many people want you to

believe going to college and graduating with some type of degree will make you a successful person. Honestly, I think that's a myth. Yeah I'm sure the things you learn while in college can be helpful for your future careers, but is paying an average of twenty thousand dollar tuition each year really worth it? When people hear about someone not going to college they automatically assume that the person isn't successful and isn't going far in

Oscar-Winning actress Halle Berry never went to college. Bill Gates, one of the richest people in the world, dropped out of college. Rachel Ray never had any form of culinary training, including college. The founder of Standard Oil, John D. Rockefeller Sr., dropped out of high school. These successful people are proof that you don't have to graduate college to be successful. After high school there are many things you can do besides going to college. For instance, you can join the military or get a full time job that you enjoy and work your way up in it, making a career out of it.

If you want to go to college because you believe it will make you successful in the future, go to college. If you believe you can be successful and do just fine in life without college, don't go. Because society makes it seem that if you don't graduate from college you can't be successful, just know you can be successful regardless your decision.

life. That's not always true.





Young kids are being distracted by technology on a daily basis.

## TECHNOLOGY AS A BABYSITTER

#### **BY/CassieSlana**

When I asked my parents about their childhood, they reminisced on picking up a game of baseball in a backyard, playing hop-scotch in their neighborhood streets, and doing almost anything to stay outside until it was too dark to see. Nature was their playground and nothing could stop them from creating adventures that ended with muddy, grass-stained pant legs. But, looking around town lately, I don't see kids playing in the streets, riding their bikes, or even sitting outside. If you were to look inside the window of a house (which I don't recommend doing because that's creepy), I'm certain that you would find a child playing with their shiny, new babysitter: technology.

For New Years, I traveled to Illinois to visit my relatives. There are a lot of kids below the age of ten, so my mom and I had purchased a huge assortment of Play-Dough to keep them entertained. As we arrived to

the New Years party, there was the usual hugging and greetings, but when everything settled down, we decided to unveil our surprise. At first, the kids were captivated, and excited to get their hands on something squishy. Honestly, I think I was more excited than they were. Maybe ten minutes had passed—I was working hard to create a Play-Dough village—and the kids started to get whiny, and complain about how bored they were. They couldn't handle self-entertainment.

Over the years, I have seen parents plop their kids down in front of a TV or an iPad, because it was easier than creating a form of entertainment. Kids imitate behavior from adults, and watching their parents become consumed with technology leaves them with almost no choice but to do the same. In 2014, the Huffington Post surveyed 5,400 students, and found that nearly 75% of children 9-10 years of age already

owned a cellular device. That number's astonishing, as most kids in my generation didn't receive their first phone until they were in high school. In early January, I visited Crown Center, and was almost ran into by a girl—she couldn't have been more than eleven—who was glued to the screen of her cell phone. I also work as a waitress, and a few weeks ago, I had two guys come in to eat. After taking their order, I walked away, and looked back to find them both sitting on their phones. They sat face-to-face, but as far as I could tell, they didn't say one word to each other.

I don't like to go anywhere without my phone, but when in the presence of other living people, I put it away and live my life, aware and undistracted. Society has grown too dependent on technology, making a lack of it the worst punishment imaginable. How I grew up playing Barbie's from hours with my sister,

using my imagination, would seem like agony for kids who have grown dependant, and ultimately, consumed by their technology. According to the National Center for Biotechnology Information, as of 2013, the average human attention span was eight seconds, lower than that of a goldfish. Yes, technology has helped in countless ways, but it has also harmed the way that people get to know each other and how they live. Watching kids walk around like mindless creatures addicted to their phone and tablets and gaming devices makes me scared for the future generation. Albert Einstein once said, "I fear the day that technology will surpass our human interaction. The world will have a generation of idiots". All I can do is hope that we change, and never live to see his fear become a reality.

#### WE NEED SEX EDUCATION BY/AdamShaul

Sex is taboo in our conservative state; however, 46% of all high school students and 62% of seniors have had sex (advocatesforyouth.org, 2012). For something that no one talks about it seems to happen an awful lot. Students should be prepared for the consequences of their actions when they do become sexually active. Luckily for Warrensburg high school, there is sex education embedded in the Health curriculum. Many schools all over the country have an "abstinence-only" program. The class providing the sex ed unit is only a semester long. The teachers adapt the curriculum based on national and state standards. "The section in our curriculum on Sex Education provides knowledge for students to make informed decisions. It is our hope that students will understand the weight of their choices and that the consequences could impact, not only their current situation in life, but also their future," health teacher Mrs. Snell explained.

The curriculum primarily consists of teaching students about STDs, which can be considered a scare tactic. "It puts a negative stigma on sex," says Emily Docheff. Jillian Sampson agrees. "The lack of a sex education program at WHS and in schools across the country only fuels negative social stigmas against sex and sexuality," she said. Sex is often demonized by much of society.

Religious organizations tend to influence the community to fight and a program that isn't "abstinence only." At the other end of the spectrum, many people believe sex education should be more in-depth and taught at a younger age, maybe as young as fifth grade. "Choosing not to educate high school students on the physical, mental/emotional, and social aspects of human sexuality breeds ignorance," said Jillian Sampson.

The faculty can be naïve of the sexual activity of students when the students haven't been properly taught about condoms, birth control, and other contraceptives. Some parents protest the teaching of contraception in schools because it is against their religious beliefs. We are lucky to have any kind of education on this subject. It is important. The more you know about it, the safer you can be. And don't be afraid to talk to your parents about it, they want you to be safe. It might be awkward at first but you'll eventually become more comfortable with it.

## MID-SEASON SPORTS REPORT BY/JordanRucker

It's the new year which means it's time for going out and supporting your Warrensburg Tigers 2015 winter sports teams. Students have a chance to see the reigning West Central Conference champions of girl's swim. This year's team has many returning swimmers such as Jodi Pedersen and Jordan Milnie. The Warrensburg Tiger Wrestling team is also on display this winter, and there has been no decline in performance. The last few years have been great to the wrestling team, with multiple state placers. This year we're all surely in store for many more of those. Whether it be the little dynamos such as Sophomores Taylor Brown and Dayton Brown and Junior Sheldon Blose, who is also tied for second for the most take downs this season or the big guys in that of Junior Zeelan Lankford and Senior Colin Braun, who is the 13th ranked Wrestler in the nation. "I think it's pretty cool to be nationally ranked. It's an fun expe-



ence," Braun said. On senior night Braun had an amazing performance as well as the rest of the team. Colin has a record of 30-1, which is the best on the whole team. This past weekend Braun went 4-0 on his way to a Platte County Invitational championship. The Warrensburg Tiger Basketball team also has some familiar faces this season. The Tigers are returning starters and key players Seniors Brady Roop, Cam Horn, Dustin Dye, Jacob Terry, Jaydee Duhamel and Maurice Ingram, and Junior Gunny Nappe. The team has really relied on Senior Brady Roop from a scoring standpoint. He averages 16 points a game, but all have been contributors. This year Warrensburg has 6 seniors and that's the most in 3 years. "This could be my last year playing organized basketball so it's a bittersweet feeling," said Brady Roop. The Tigers have showed effort and fight in all of their games this season despite their 5-10 record. The next game the Tigers play will be against conference rival St Pius. The Lady Tigers are having a good season with an 8-7 record. Their leading scorer is Jessica Tiller, who recently signed to Hannibal-LaGrange University. Along with having a future collegiate athlete, the Lady Tigers also are returning 3 point goddess Mac Cunconan, who recently broke the record for most 3 pointers made in a season. "I was really excited (for the record)," Cuncanon said. "I felt like I was really good at basketball."

#### FREEDOM OF SPEECH BY/LynnAnnDuchene

On Wednesday, January 7th, of this year there was an attack on a staff of a particular magazine called the Charlie Hebdo, a comical magazine written solely for the purpose of a good laugh. This magazine included drawings of the Prophet Muhammad. This was deeply offensive to the Muslim religion, because it is illegal to illustrate their respected people. However, I am positive that this group is not the only one who has ever been made fun of by this magazine. Apparently, there isn't as much acceptance of freedom of speech in this world as people may have thought. For example, here in America, the country world-famous for its freedom, a fire chief in Atlanta was fired for passing out books about his Christian faith. I do not understand this fuss. I do understand that he wrote his beliefs in the book that he handed to the Mayor of Atlanta, and to some of his co-workers to read, not to live by. I also understand that, in this book he discusses his opinions over same-sex marriage just barely and briefly when he explains that he, due to his religion, believes that any sex outside of holy matrimony between a man and a woman is a sin. Yes, this may be argued to be offensive to the LGBT community, but the fact is that it is his right to openly



express his opinions, no matter what is socially acceptable. His beliefs do not affect his work; if he is devoted to saving lives in the event of a fire, he is devoted to saving lives. Not to take the time to decide which lives to save. Because there is no time for that, and I feel like he understands this. Honestly, political correctness does not fall under the ability to perform a job successfully and responsibly. Yes, I myself was upset at hearing about his beliefs but this does not change the fact that he never performed his job as the fire chief incorrectly. He simply, in a formal, and very public way, explained his religion, and his beliefs tied into his religion. This book, like so many others, is only an opinion, an idea that he may share with others. It is because in America you get fired for speaking your mind, and in France you get shot, freedom of speech is dead. I cannot express enough how wrong this is. Even in my everyday life, I have to filter my thoughts to conform to the acceptance of others. If I were to truly say anything I wanted, I guarantee I'd face some societal punishments. It is truly frightening to hear that people are literally killing so that others will conform to society for the sake of saving someone else's feelings. It is not like they do not have their own opinion about the people they attack. I dare not say that I agree with everything that is said or printed, but I prefer you to be open with your opinion, and hit me with the truth, instead of hiding behind political correctness, and striking me from behind.

## SHOW CHOIR: UP IN THE AIR BY/OliviaCupp

Show choir is in full swing at WHS. Here at Warrensburg High School we have two competitive show choirs, both directed by Mr. Mathew Haltom: Prism, which consists of all females, and Soundwave, which consists of boys and girls. This year Prism is taking to competition an Amelia Earheart theme, choreographed by Elizabeth Baldwin. Soundwave takes with them an end of the world theme called The Sky is Falling, choreographed by Kacy Christensen, "We are excited this year to have on our visual staff Kacy Christensen." Haltom said. "He is well known, not only in this region, but nationwide for his outstanding ability to put great choreography to great show music." The show choirs will be competing in six competitions this school." year, including one out of state competition in Lincoln, Nebraska. "We wanted to travel out of state, not only to compete against, but to see some of the greatest choirs in the Midwest that we normally do not get to see in Missouri," Haltom explained. Senior Kayci Wright is one of the 42 members of the mixed show choir that kept her head held high when hearing the results of the trip. Kayci explained, "Nebraska was a great experience, not only for myself, but for both of the show choirs," Kayci said. "We faced some tough competition, but continued with a great attitude." Part of the joy of choir is the continual process of improvement. Even when given the opportunity to graduate, some students stay around just for choir. Kayci Jo Wright is one of those

"Show choir is the only reason I stayed in high

## WHAT MUSIC GENRE ARE YOU? BY/MichelleBruce

What Your Taste in Music Says About Your Personality?

a. Extraversion b. Agreeableness c. Conscientiousness d. Neuroticism e. Openness Now tally up the letters

#### Extraversion

students. "Show choir is the only reason I stayed in high school," she said.

Pop lovers are honest and hard working. They are also outgoing and conventional. They tend to have high self-esteem and are very agreeable. They also might be uneasy and less creative than other people. If you love pop, then music from Maroon 5, Taylor Swift, OneRepublic, and Adele may make up your playlist.

#### Neuroticism

-Alternative/Indie lovers are intellectual and creative. They tend to be introverted and a bit anxious. They also have low self-esteem and are usually less hard working than other people. If you like alternative and indie music, then songs from Fall Out Boy, Never Shout Never, Neon Trees, and Gotye may make up your playlist.

#### 1. You like to

-read, sleep, stay home (e) -dance, party, go out (a) -do whatever your friends like to do (b)

#### 2. 40U LIKE 70

-whatever makes you comfortable (e) -the latest trends (a)

-casual clothes, like jeans and a t-shirt (c)

#### 3. You would spend a Friday Nicht

-sleeping or reading (e) -watching TV (b) going out with friends (a)

#### t. you Like To 44.4.6

-fun, catchy music (b)

-relaxing music (c)

-anything with a fast beat (a)

#### 5. you'r going but where do you go

-your favorite restaurant (c)

-wherever your friends want to go (b)

-a loud karaoke restaurant (a)

#### 6. Your Pamily is watching TV. You

-crime/drama shows (d)

-a movie (c)

-whatever your family wants to watch (b)

#### Agreeableness

-Pop lovers

-Rock lovers are creative and gentle. They are hard working and at ease. They tend to have low self-esteem. If you love rock, then music from Linkin Park. Paramore. Green Day, and My Chemical Romance may make up your playlist.

#### Openness

-Pop lovers

Religious music lovers are outgoing and gentle. They tend to be creative and easy-going and they have high self-esteem. If you like religious music, then songs from The Afters, MercyMe, The Newsboys, and Casting Crowns may make up your playlist. -Hip-hop and rap lovers are usually outgoing and have high self-esteem. If you like hip-hop and rap, then music from Kanye West, Nicki Minaj, Lil Wayne, and MGK may make up your playlist.

## **MOST IMPORTANT EVENTS OF 2014**

BY/MichaelaFlores A recap on most talked about events of 2014

## #HEFORSHE

Emma Watson honed her Hermione
Granger-esque qualities to deliver intelligent, insightful, and compelling argument for feminism and starting the #HeforSHE campaign, a worldwide feminist movement. Watson become one of the first celebrities to not only bring awareness to feminine ideology, but also do something about it. 10 points to Gryffindor.

#### TACOBELL BREAKFAST

This year Taco Bell introduced a new breakfast menu, a Mexican food lovers/breakfast food lover's ultimate dream come true, but McDonalds worst nightmare. Amidst breakfast enthusiast joyously gallivanting around, waffle taco in hand, angry McDonalds supporters smashed windows with Egg McMuffins and held Chihuahuas hostage as an all out breakfast war was initiated. Children were dying (of hunger) and people walked through streets like zombies (from lack of morning coffee) as Taco Bell and McDonalds battled for dominance of the \$30 billion breakfast industry.

### 3 EBOLA OUTBREAK

The Ebola outbreak in West Africa was first reported in March 2014, and when the disease spread to America it caused a global pandemic, greatly resembling the AIDS crisis. Ebola became victim to many myths causing people to be afraid of a simple sneeze, and Hand sanitizer sales to skyrocket. In actuality Ebola can only be contracted though internal fluids, and only 3 American died from the illness. Ebola was listed by Google as the most talked about event of 2014.



#### **FERGUSON RIOTS**

Racial barriers thought to have been broken down, were precipitously rebuilt when Michael Brown, a black unarmed teenager was shot and killed by Darren Wilson, a white police officer in Ferguson MO. The shooting prompted protests and riots in the street for weeks, and when the grand jury decided not the indict Darren Wilson, Ferguson became a racial war zone as people protested for equality and the abolishment of racism. Ferguson accentuated the social, racial, and political problem America continues to face to this day.

#### ALS CHALLENGE

This year a trend of pouring buckets of ice cold water over your head spread throughout the world. Unlike other pointless trends (planking, milking, ect.), the ice bucket challenge was initiated to bring awareness to the neuro-degenerative disease ALS, successfully gathering donations and becoming a global trend. The ALS ice bucket challenge effectively showed how social media can not only be used to post your life story, but can be used to make a difference.

#### DEATH OF A COMEDY LEGEND

Robin Williams made people laugh. Robin Williams was a brilliant actor. Robin Williams was a sufferer of depression. Robin Williams committed suicide on August 11, 2014. His shocking death stunned the nation and left a deeply unpleasant sensation in the hearts of all who loved his movies and laughed at his comedy. Although he death was tragic, with films like "Mrs. Doubtfire" and "Jumanji" Williams leaves behind a legacy of laughter and joy.



This year Beyonce happily crushed the hopes and dreams of any other R&B artists when she released her self-titled album. Without any promotion, Beyonce's album still topped the charts with Itunes stating it was the fastest selling album ever. Competing artists probably wept themselves to sleep while Beyonce sipped champagne from a Grammy award whilst sitting upon a diamond encrusted throne, as she proved once again why she is call "Queen Bey".

WHO RUNS THE WORLD? BEYONCE

## THE FIRST FAMILY: KARDASHIANS BY/KarlaWoolen



When you hear the words "The First Family" you are bound to think of the President of the United States and their family. But when I hear the words "The First Family" I think of the famous family, "The Kardashians". This family could travel to any city and be mobbed by thousands of fans or even paparazzi. The Kardashians are a family who receive lots of attention from millions of people, just like the President of the United States. The Kardashians are seen everywhere, from being on television to being on covers of magazines, and are even seen walking to runway. Although many people view the Kardashians negatively, they are very successful. It's been said innumerous times that the Kardashians are famous for simply nothing, but really it's the media which made them famous. For example, Bruce Jenner, the stepfather of the

Kardashians, was an Olympian who broke the world record for the decathlon in the summer Olympics in 1976. Bruce Jenner also earned the title of "World's Greatest Athlete". Kendall and Kylie Jenner, sisters of the Kardashians, both have their own women's clothing line, both are models, and they also wrote a science fiction novel. Robert Kardashian is a businessman and model. In 2012 he launched his sock line called, "Arthur George". Kristen (Kris) Jenner, the mother of the Kardashians, is a manager and also owns her own production company called, "Jenner Communications". The three Kardashian sisters are Kourtney, Kim, and Khloé. They are all models, fashion designers, and are all involved in retail and fashion industries. In November of 2012, the Kardashian sisters internationally launched a clothing line called "Kardashian Collection".

One of many things that this family has in common is they all are television and social media personalities. They have a reality show which focuses on the everyday lives of the Kardashian-Jenner family called, "Keeping Up with the Kardashians". I think the Kardashians are like the first family because they are well known by millions of people worldwide. Famous rapper, Kanye West, who is also the husband of Kim Kardashian once said," No one is looking at what President Obama is wearing". With that being said, I feel that Kanye West is simply saying that nobody is looking at the styles of President or their family, but at the fashion styles of the Kardashians instead. The First Family, the Kardashians, are very influential people. From fashion styles, to writing books, to acting in movies, the Kardashians can be influential to many people.

## FIGHT AGAINST BULLYING BY/JenniferHemme

There is a new type of bullying that has remained unseen from the public for far too long. This type of bullying is known as relational aggression. Relational Aggression is when groups of young teens start targeting one specific person.

Times have changed and with that so has bullying. Bullying is no longer easy to point out. Teens aren't just shoving each other in the hall or calling each other rude names like geek or fat. Bullying has become more undercover and extremely personal.

Bullying today is done in ways that make it much harder for adults to get involved. For instance teens are now going toward the internet to bully or, even worse, using silence as a way to hurt others. This makes relational

aggression all the more dangerous.

It may not seem that silence could affect someone so extremely but Nisa Adams and Michelle Bruce would disagree. These two high school students have both been victims of relational aggression.

Nisa Adams expresses her views about relational aggression and how serious she believes this bullying can be. "At least with physical or verbal bullying people will acknowledge your existence," Adams said. "But if you're

just ignored that lets you know that they couldn't care less about your life."

Adams is now strong enough to stand up for what she believes in, but others may not be so strong.

Michelle Bruce experienced relational aggression from

her supposed best friend after being ignored and shut out.

"I felt unappreciated," said Bruce "She wouldn't even talk to me to tell me what I did." Michelle is also a very strong person and was able to recover and make new and better friends. This should bring hope to other victims in similar situations that things can get better. Relational aggression does affect people in extreme ways and although these two girls were strong enough doesn't mean the next girl will be. Its time to start paying more attention to this bullying and to help put a stop to it all.

## QUESTION OF THE MONTH

WHAT WOULD BE THE TITLE OF YOUR AUTOBIOGRAPHY?



The Acceptance Speech for the Oscar I Never Won

-Jessica Tiller '15



The Life of an Alternative Teen -Jacob Hodkins '16



The Ups and Downs of a Modern Asian American -Hally Piontek '17



HoW to BE tiFfanY: a MEMoiR -Tiffany Liu '18

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